Jhana

Employee behavior log

Fill out a row whenever a direct report behaves in a problematic way. Documenting specific behaviors will help you see trends, evaluate the impact of the behavior — and determine what actions to take. Having this record will also enable you to prepare for conversations about the behavior with the person or others.

Tips: Document details as soon as possible after they happen in order to ensure accuracy. Also note possible behavior "triggers" in your descriptions to help you spot patterns.

Employee's name:

| Date | Description of the behavior | Effects of the behavior |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Example:</i> December 8 | Carlos got red in the face and yelled, "I can't do everything!" when Meg asked for website the team meeting. Possible triggers: constructive criticism? Or maybe Meg? | Meg told me later that she feels she can't make suggestions to Carlos. His reaction also shut down the rest of the team, which stopped sharing ideas after that. |
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